



Words of Affirmation

Affirming someone involves supporting them by looking for something positive about them and taking the time to sincerely tell them that you appreciate it in them. It can encourage them to keep going even when life is difficult or challenging.

A

Achiever • Affirming • Adventurous • Approachable • Alert • Appreciative

B

Brave • Bright • Bold • Brilliant

C

Courageous • Creative • Consistent • Calm • Compassionate • Competent • Committed • Capable • Cheerful • Comforting • Confident • Caring

D

Determined • Disciplined • Decisive, Discerning • Dedicated • Delightful • Doer • Dependable • Direct • Dramatic

E

Expressive • Enthusiastic • Easy-going • Enjoyable • Encouraging • Entertaining • Effective • Even-tempered • Eager

F

Flexible • Free-spirited • Forgiving • Fun • Fair • Firm • Friendly • Faithful • Fruitful

G

Grateful • Genuine • Generous • Godly • Gentle • Gracious • Giving • Graceful

H

Honest • Humble • Helpful • Happy • Hard-working • Hopeful

I

Industrious • Intelligent • Inspiring • Initiative • Integrity • Insightful • Inventive

J

Joyful • Just • Joyous

K

Kind • Knowledgeable

L

Logical • Leader • Light-hearted • Loyal • Likeable • Loving • Learner • Listener



Words of Affirmation

M

Motivator • Mediator • Merciful • Meek • Meaningful • Motivated

N

Natural • Nice

O

Obedient • Organiser • Open • Outgoing • Organised • Observant • Optimistic • Outstanding

P

Patient • Perceptive • Positive • Prompt • Persistent • Productive • Persevering • Peaceful • Planner • Practical • Personal

Q

Quick-thinking • Questioning • Quiet • Quiet-mannered

R

Resourceful • Responsible • Respectful • Reasonable • Relaxed • Remarkable • Reliable • Real • Reserved • Relational

S

Servant • Sensitive • Sincere • Steadfast • Self-motivated • Supportive • Secure • Skilful • Self-controlled • Self-assured • Self-sacrificing • Sharing • Strong

T

Transparent • Teachable • Trustworthy • Thinker • Trusting • Talented • Thankful • Thoughtful • Truthful • Tender • Terrific

U

Understanding • Uncompromising • Unselfish • Unique • Uplifting

V

Vulnerable • Visionary • Valiant

W

Wise • Warm • Wholesome • Willing

Y

Yielded • Yielding • Youthful

Z

Zealous • Zest for life